

# Hula hoop



a little crispy



#114

# Cutting

All measurements include ¼" seam allowances.

Cut out your fabric as listed in the table below where A: Background, B: Solid, and C: Print.

Refer to the cutting diagrams at the end of this pattern to help you make efficient cuts from your background fabric. For B and C fabrics, cut strips and then cross-cut these strips into the sizes listed below.

## Crib: 5 rings

	Size	Number to cut
A	12½" square	5
	4½" x 12½"	4
	1½" x 12½"	8
	6½" square	4
	4½" square	4
	3½" x 9½"	4
	3½" square	20
B	4½" square	4 per ring, or 20 total
	3½" square	8 per ring, or 40 total
C	3½" x 9½"	4 per ring, or 20 total

## Throw: 13 rings

	Size	Number to cut
A	12½" square	13
	4½" x 12½"	8
	1½" x 12½"	12
	6½" square	12
	4½" square	4
	3½" x 9½"	8
	3½" square	32
	B	4½" square
3½" square		8 per ring, or 104 total
C	3½" x 9½"	4 per ring, or 52 total

## Twin: 18 rings

	Size	Number to cut
A	12½" square	18
	4½" x 12½"	10
	1½" x 12½"	14
	6½" square	17
	4½" square	4
	3½" x 9½"	10
	3½" square	38
B	4½" square	4 per ring, or 72 total
	3½" square	8 per ring, or 144 total
C	3½" x 9½"	4 per ring, or 72 total

## Queen: 25 rings

	Size	Number to cut
A	12½" square	25
	4½" x 12½"	12
	1½" x 12½"	16
	6½" square	24
	4½" square	4
	3½" x 9½"	12
	3½" square	44
B	4½" square	4 per ring, or 100 total
	3½" square	8 per ring, or 200 total
C	3½" x 9½"	4 per ring, or 100 total

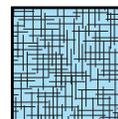
## Fabric key:



A: Background



B: Solid



C: Print

Print a free coloring sheet at  
<http://goo.gl/sH41Zg>.

# Sewing your blocks

All seam allowances are  $\frac{1}{4}$ ". Block size is 12" finished.

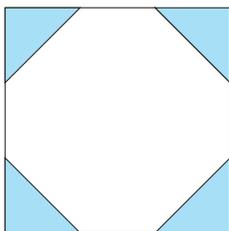
There are three different main blocks (X, Y, and Z), and one border block in this quilt. After each seam, press to the darker fabric or open.

Refer to the table below for how many blocks of each type you need.

	X	Y	Z	Border
Crib	5	0	4	8
Throw	13	4	8	12
Twin	18	7	10	14
Queen	25	12	12	16

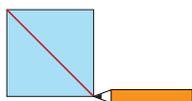
## Sew the X blocks

X blocks are simply a "snowball" block.

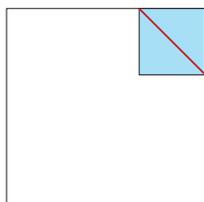


The instructions below are for one block. Make one for each ring (with all four corners the same color).

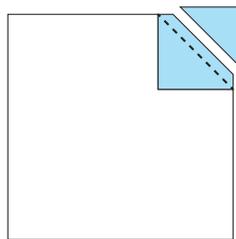
- 1 Draw a diagonal line on the back of each of your  $4\frac{1}{2}$ " B squares.



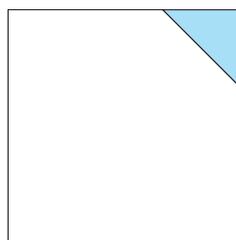
- 2 Layer one of these  $4\frac{1}{2}$ " B squares on a  $12\frac{1}{2}$ " background square, right sides together, and matching up the corners as illustrated below.



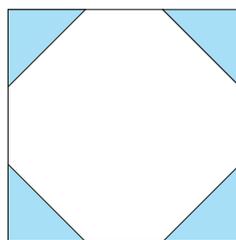
- 3 Sew across the marked line, and trim away the extra triangles approximately  $\frac{1}{4}$ " from the seam. Save these "bonus triangles" for another project or the quilt back.



- 4 Press the B triangle outward.



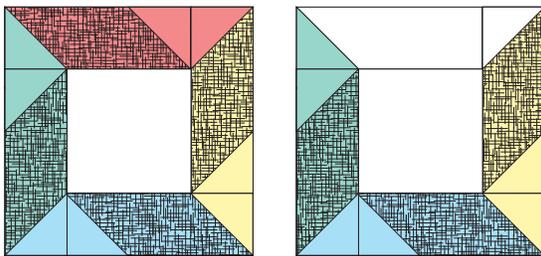
- 5 Repeat steps 2-4 for the other three corners, using the same color for all four corners.



## Sew the Y & Z blocks

To make these blocks, you first sew some of the pieces together, and then you lay out the entire quilt to determine your color placement. You'll sew the rest of each block together once you know how the colors will be arranged. I explain this process below.

Y and Z blocks are very similar: Y blocks have ring components all the way around, and Z blocks have one background component. The instructions below describe only how to sew the Y blocks, but you sew the Z blocks in exactly the same way.

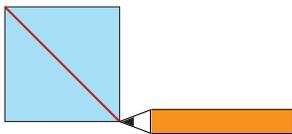


Y block

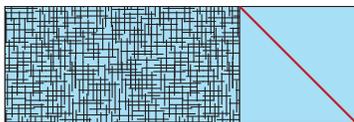
Z block

Sew your Y blocks:

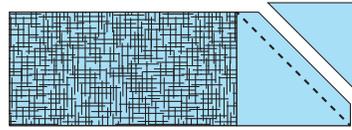
- 1 Mark a diagonal line on the back of each of your  $3\frac{1}{2}$ " A and B squares.



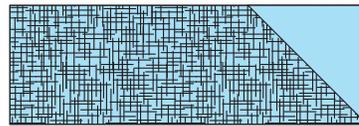
- 2 Layer one  $3\frac{1}{2}$ " B square on top of a matching  $3\frac{1}{2}$ " x  $9\frac{1}{2}$ " C rectangle, right sides together, and matching up the right edges. Make sure that the diagonal line in each is as illustrated below and not the mirror image.



- 3 Sew across the marked line, and trim off the extra triangle approximately  $\frac{1}{4}$ " from the seam.



- 4 Press the B triangle outward.



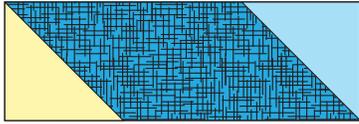
- 5 Repeat steps 2–4 for each  $3\frac{1}{2}$ " x  $9\frac{1}{2}$ " C rectangle. You will have four  $3\frac{1}{2}$ " B squares left in each color plus some background pieces that you will arrange in steps 6 and 7.

- 6 Carefully lay out the quilt as illustrated in the "Initial Layout" diagrams on pages 7–10. Note the orientation of all of the pieces and make sure they are all facing the correct direction. Do this for the border blocks as well. You will sew them in the next section.

- 7 Take all of your remaining  $3\frac{1}{2}$ " B squares, and place them according to the next set of layout diagrams ("Pinned Layout") on pages 7–10. Carefully note the direction of the marked diagonal lines in the illustration and then pin the squares in place to create a component. Do this for all the blocks, including the border blocks.

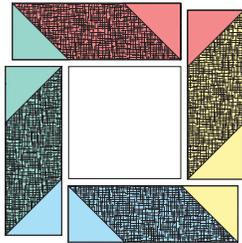


- 8** Take the Y & Z block components one at a time and sew each along the marked diagonal line. Trim off the extra triangles about  $\frac{1}{4}$ " from the seam as before and press the B triangle outward. Replace the components in your layout as you sew them, or recreate your layout at the end.

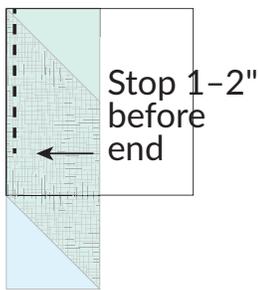


To finish assembling the Y and Z blocks, we need to use "partial seams". Press each seam as you go.

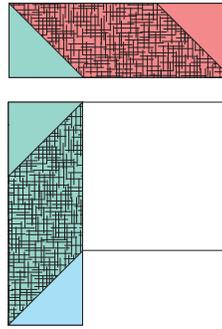
- 9** Take each Y or Z block to your sewing machine, exactly as in your layout. A piece of paper or scrap batting is helpful if you aren't using a design wall.



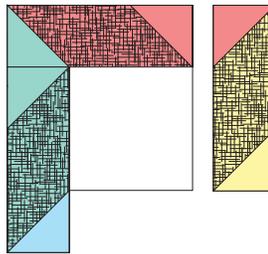
- 10** Pick up the lower left component, flip it over and align it with the  $6\frac{1}{2}$ " A square as illustrated below. Sew from the top edge, but stop 1-2" from the end of the A square.



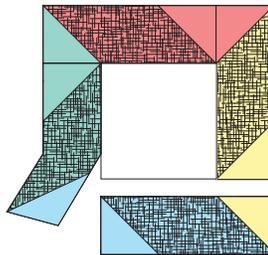
- 11** Line up the second component as illustrated below and sew all the way across.



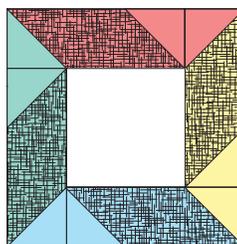
- 12** Line up the third component as illustrated below and sew all the way across.



- 13** Hold the unsewn end of the first component out of the way, and then line up the last component as illustrated below and sew all the way across.

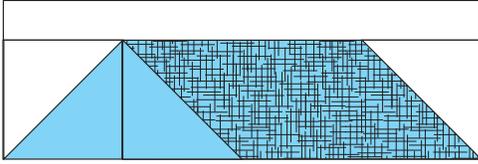


- 14** Go back and finish sewing the first seam, going all the way to the outer edge of the last component from step 13.



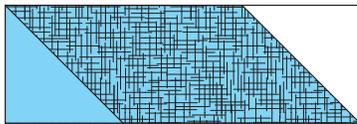
## Sew the border blocks

There is one pieced border block. You determined the color layout in the previous section in steps 6 and 7 and now you can finish sewing it.



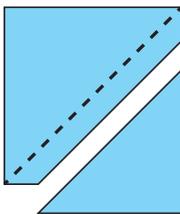
Sew your border blocks:

- 1 Take the  $3\frac{1}{2}$ " x  $9\frac{1}{2}$ " pinned block components one at a time and sew each along the marked diagonal line on the A square. Trim off the extra triangles about  $\frac{1}{4}$ " from the seam as before. Press the A triangle outward.

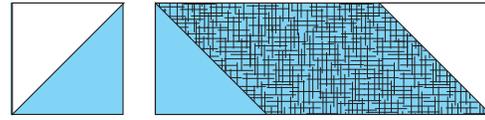


- 2 Take the pair of  $3\frac{1}{2}$ " A and B squares, right sides facing, and sew along the diagonal marked line. Trim off the extra triangles about  $\frac{1}{4}$ " from the seam as before. Press the B triangle outward.

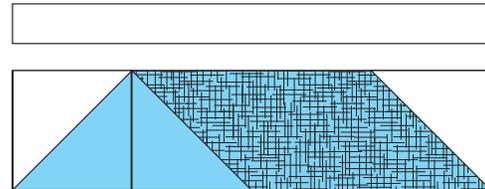
This is not the usual way of making a half-square triangle, but is done this way to simplify layout and cutting instructions.



- 3 Sew your components from steps 1 and 2 together for each border block as illustrated below.



- 4 Sew a  $1\frac{1}{2}$ " x  $12\frac{1}{2}$ " A strip to the top of the border square.



## Assembling your quilt top

Sew the rest of your quilt top together following the assembly diagram on page 5.

## Quilting & finishing

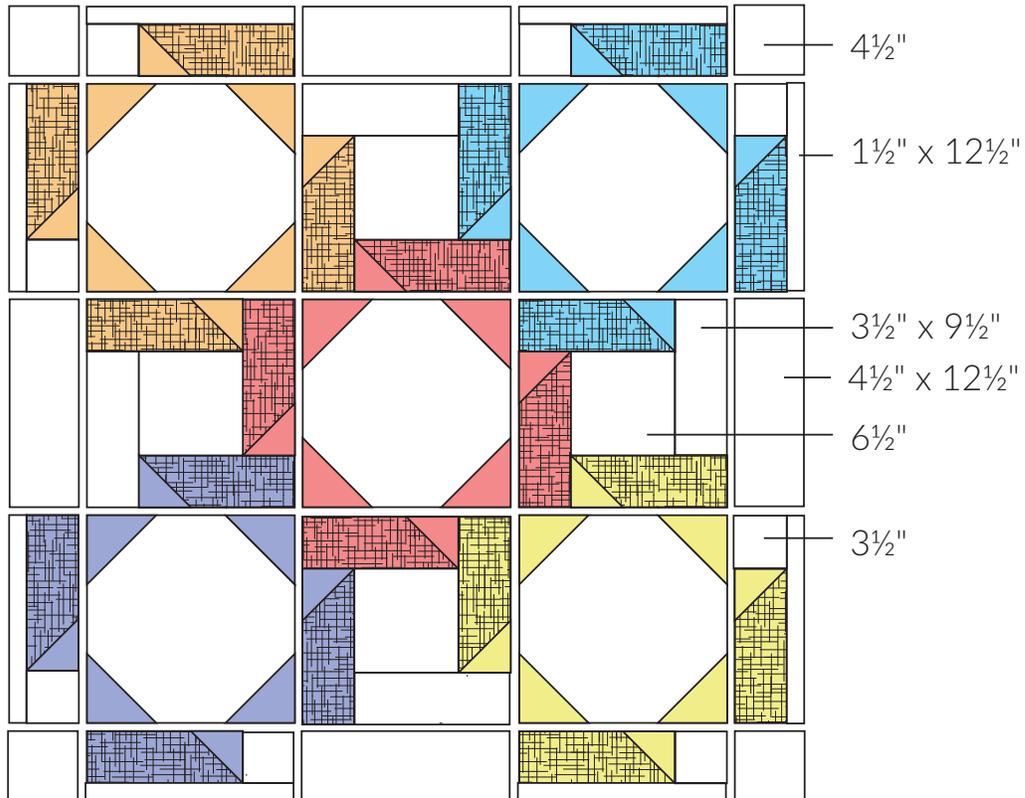
When you are done the quilt top, press it well from both sides.

Layer your well-pressed quilt top with your batting and backing and baste your quilt.

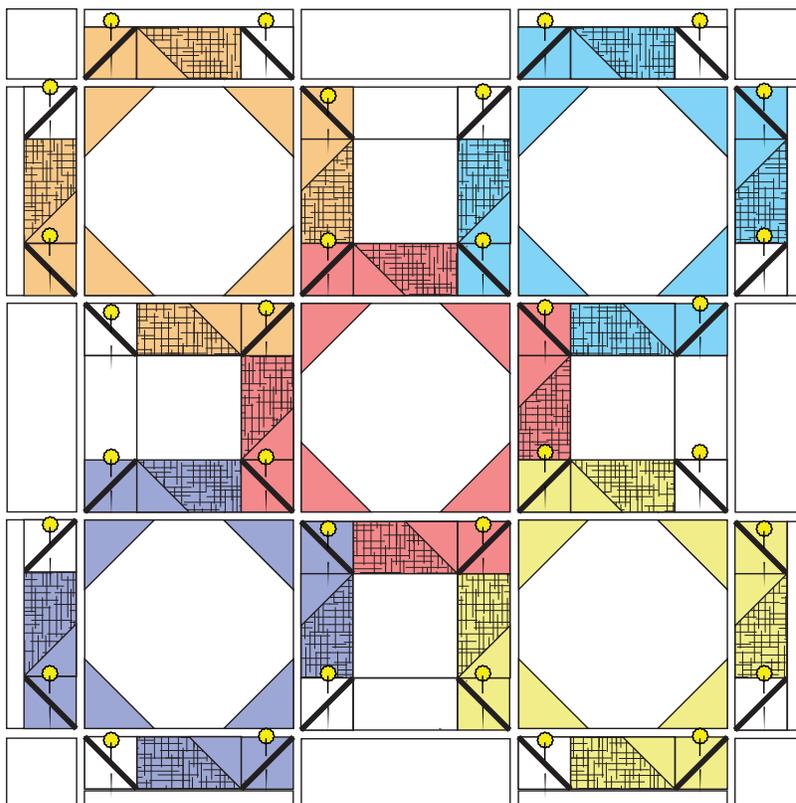
Quilt, square it off so the edges are nice and straight, and then sew on your binding. Wash and enjoy!

# Initial and pinned layout: Crib

## Initial layout

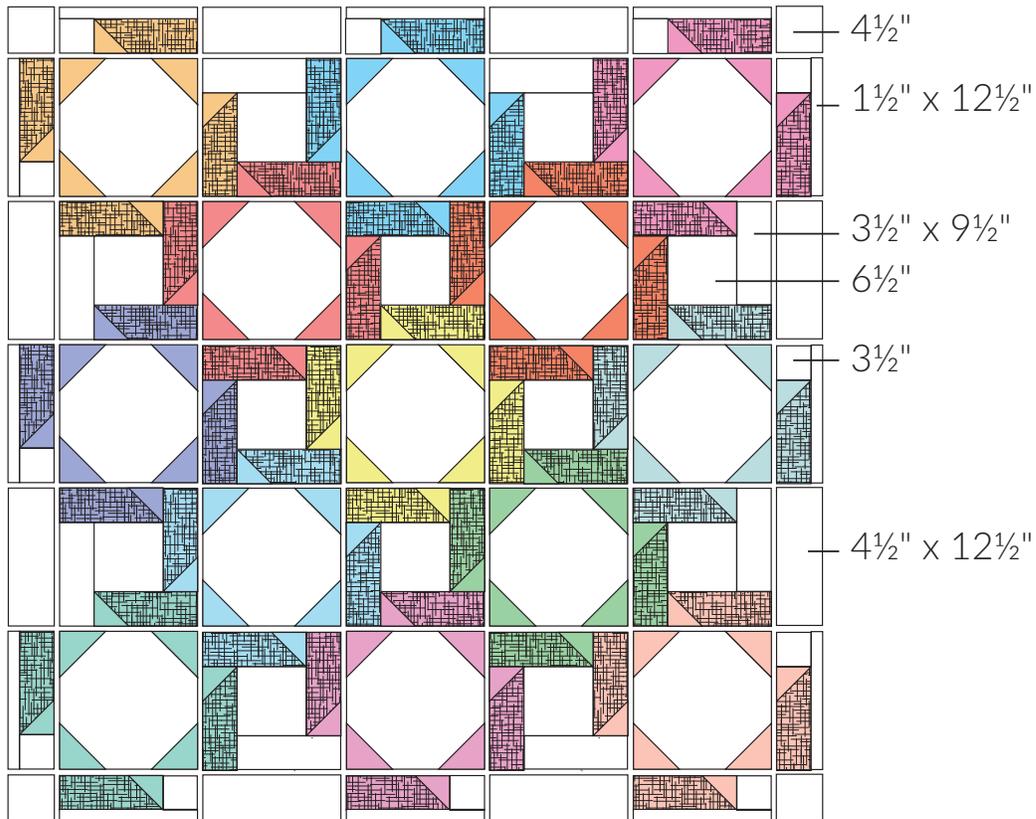


## Pinned layout

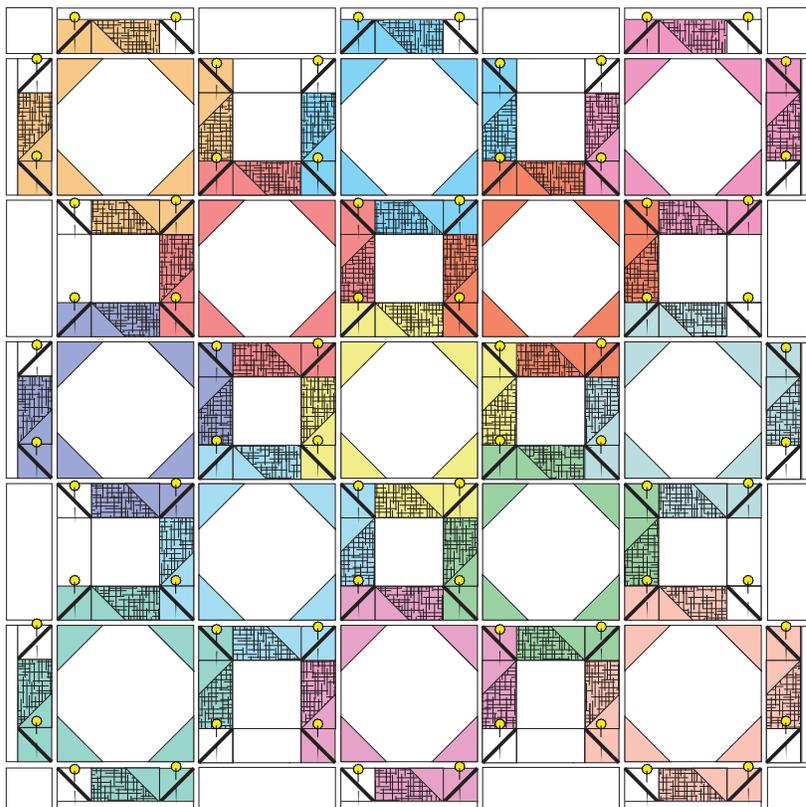


# Initial and pinned layout: Throw

## Initial layout

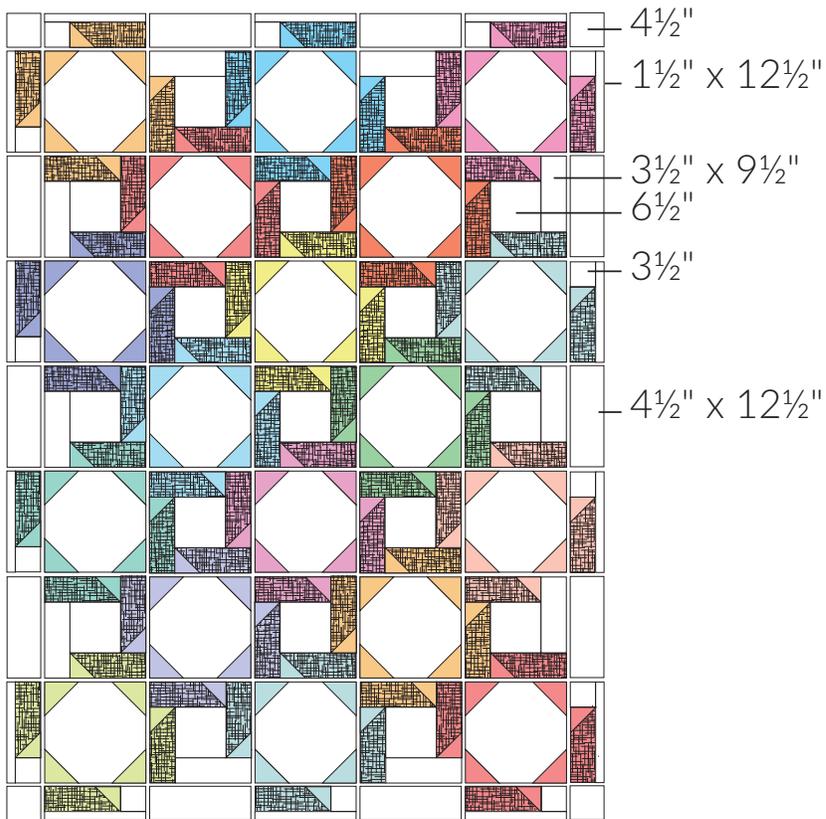


## Pinned layout

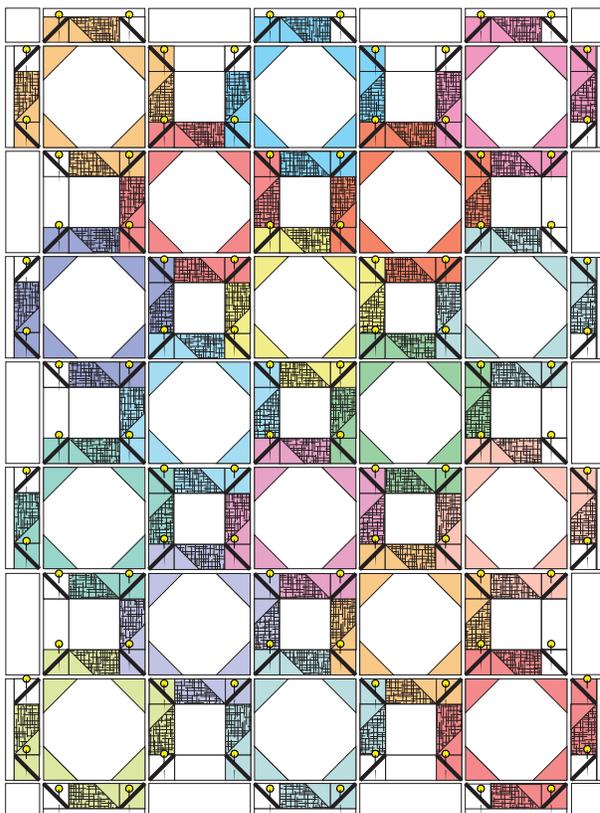


# Initial and pinned layout: Twin

## Initial layout

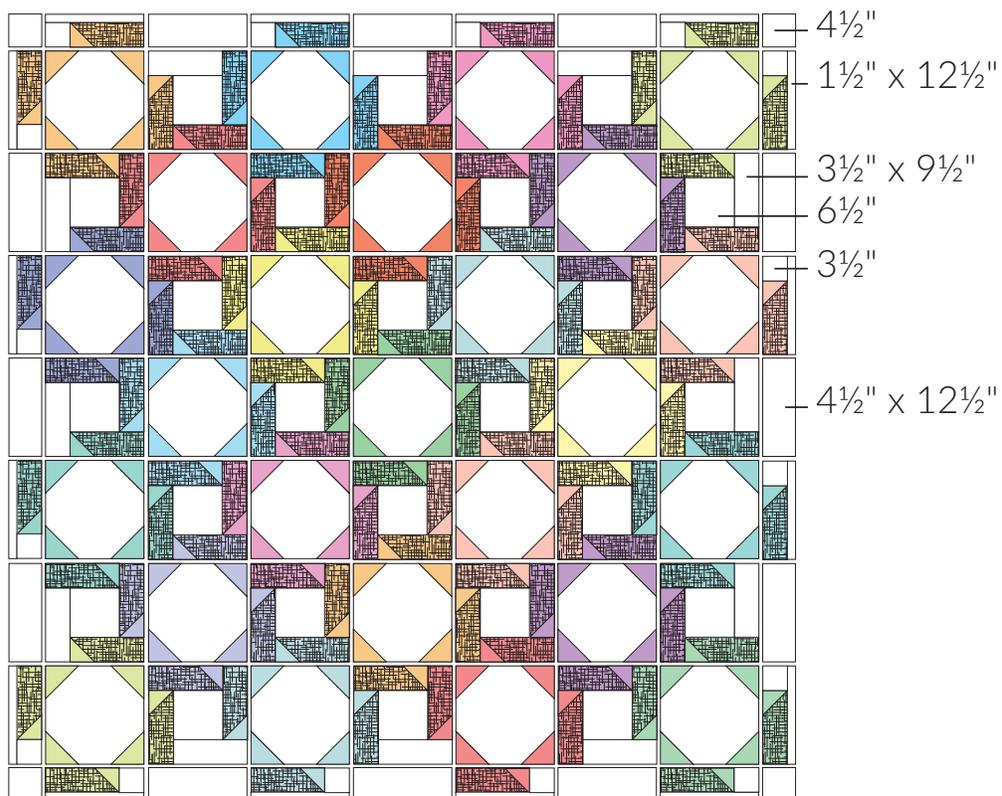


## Pinned layout

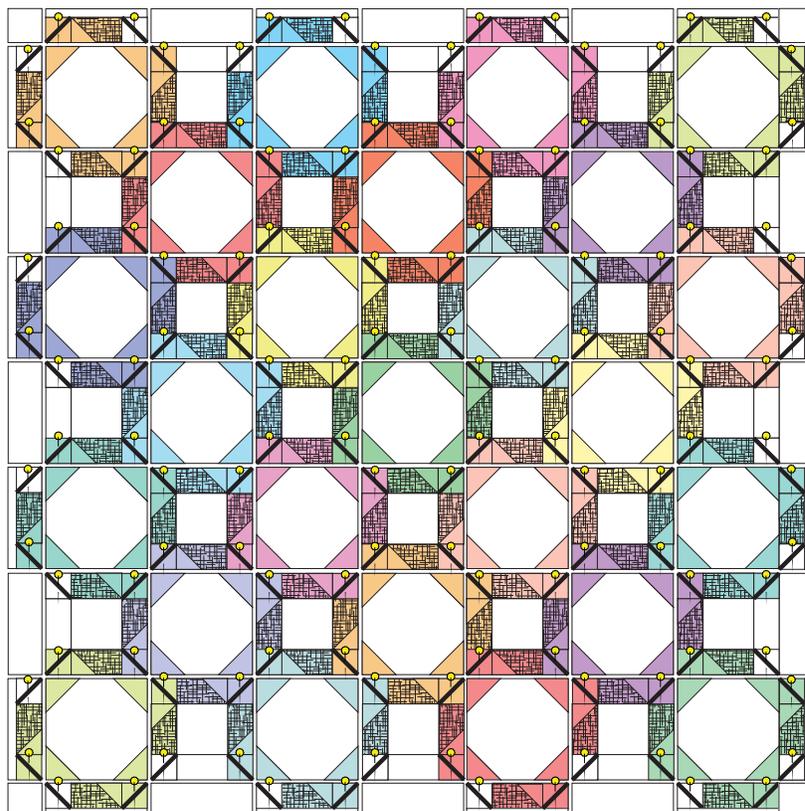


# Initial and pinned layout: Queen

## Initial layout



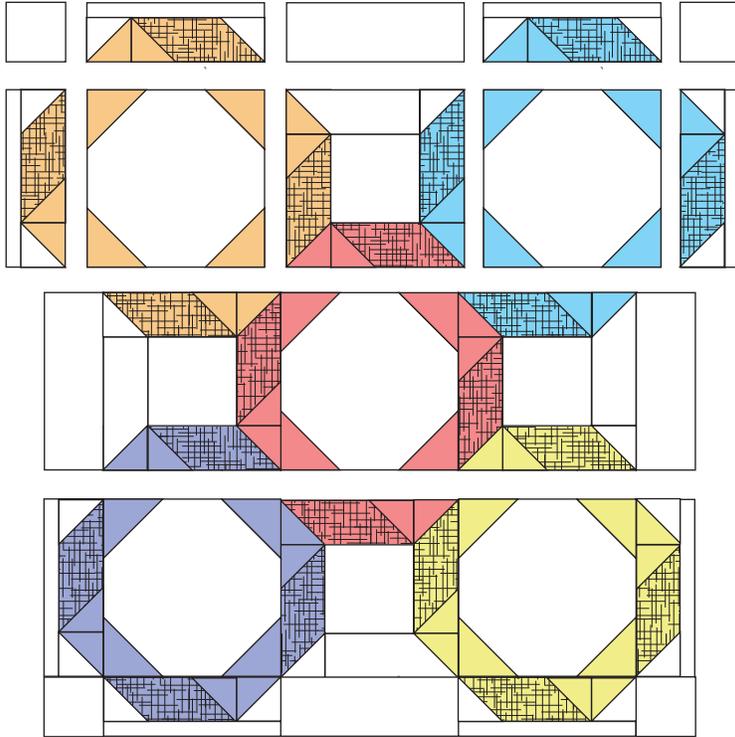
## Pinned layout



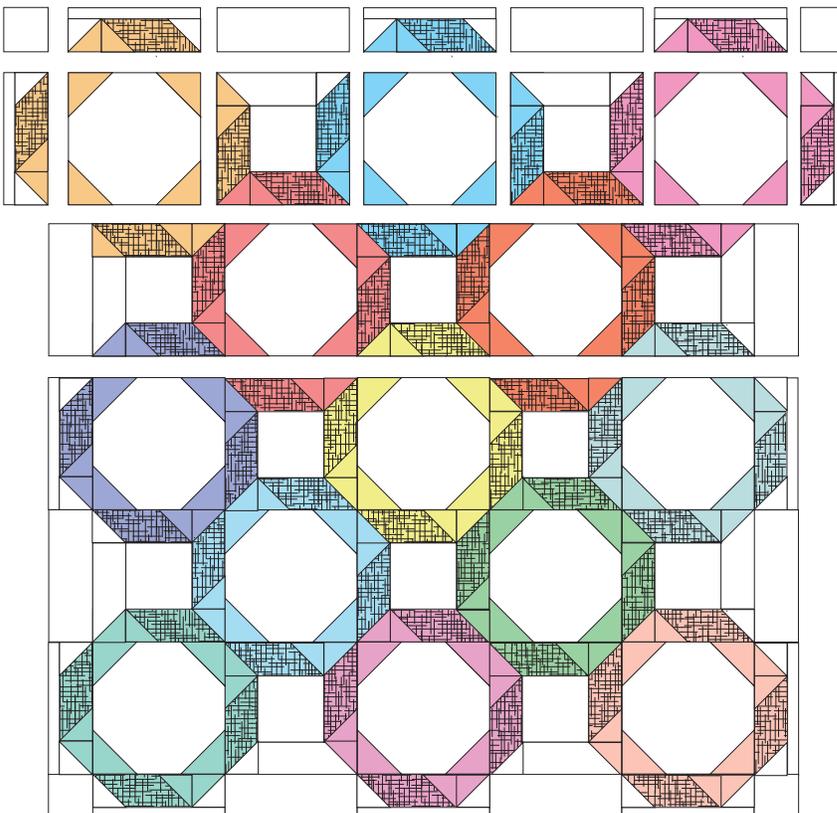
# Assembly diagrams: Crib and Throw

Sew your blocks together into rows, and then sew the rows together as shown below. Press towards the snowball blocks or open.

## Crib



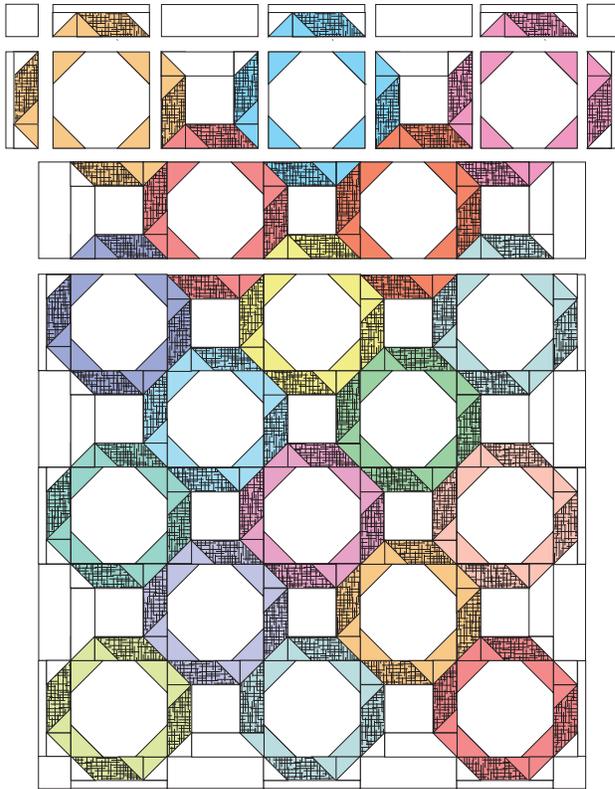
## Throw



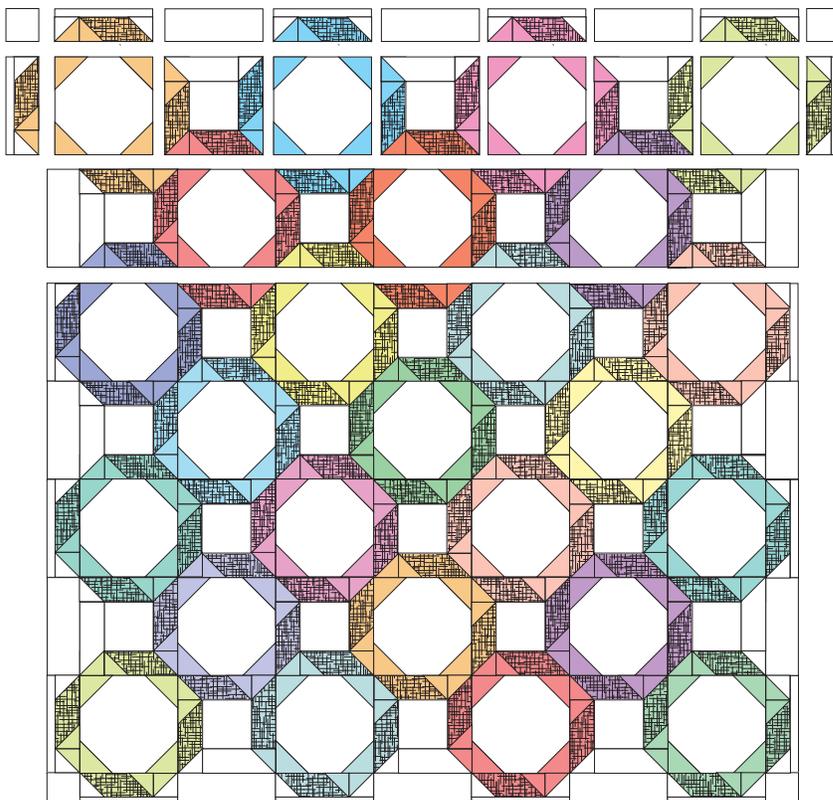
# Assembly diagrams: Twin and Queen

Sew your blocks together into rows, and then sew the rows together as shown below. Press towards the snowball blocks or open.

## Twin



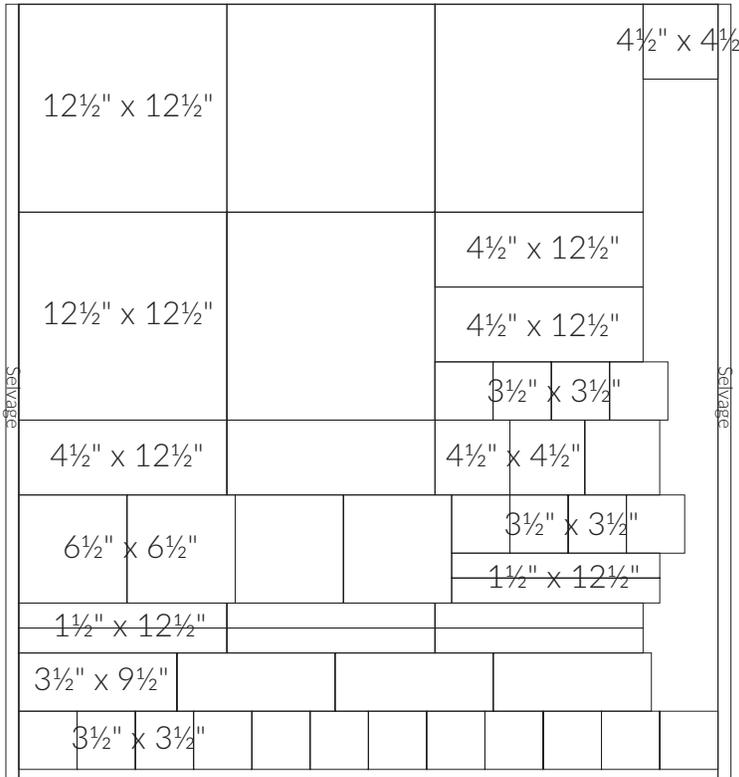
## Queen



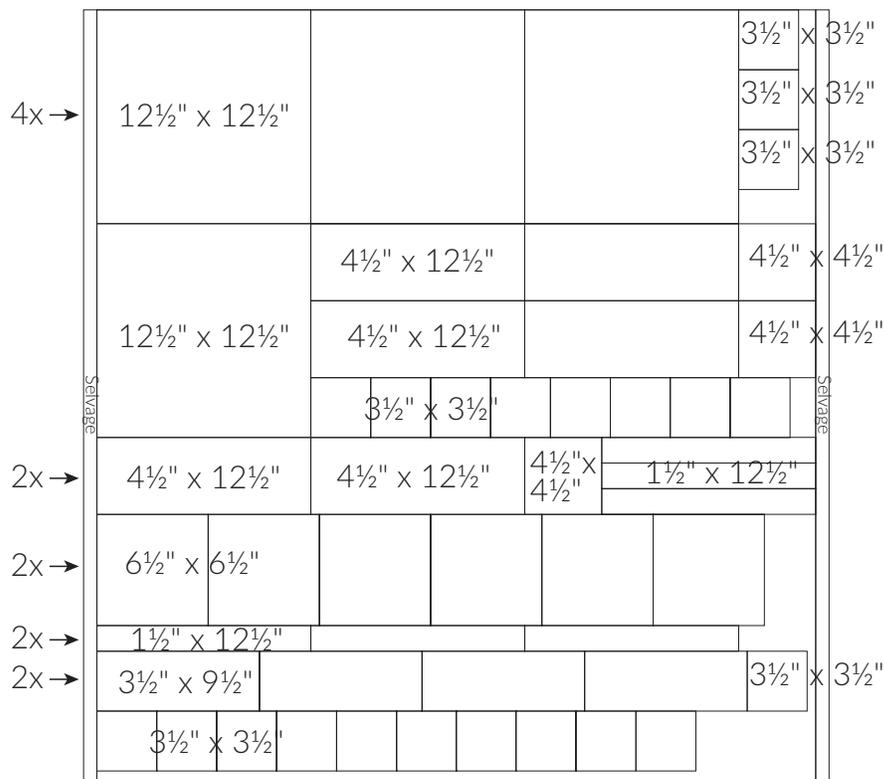
# Cutting diagrams: Crib and Throw

Use the following diagrams to cut your background fabric. Some rows need to be cut multiple times. For example: 3x means to cut three of that row.

## Crib



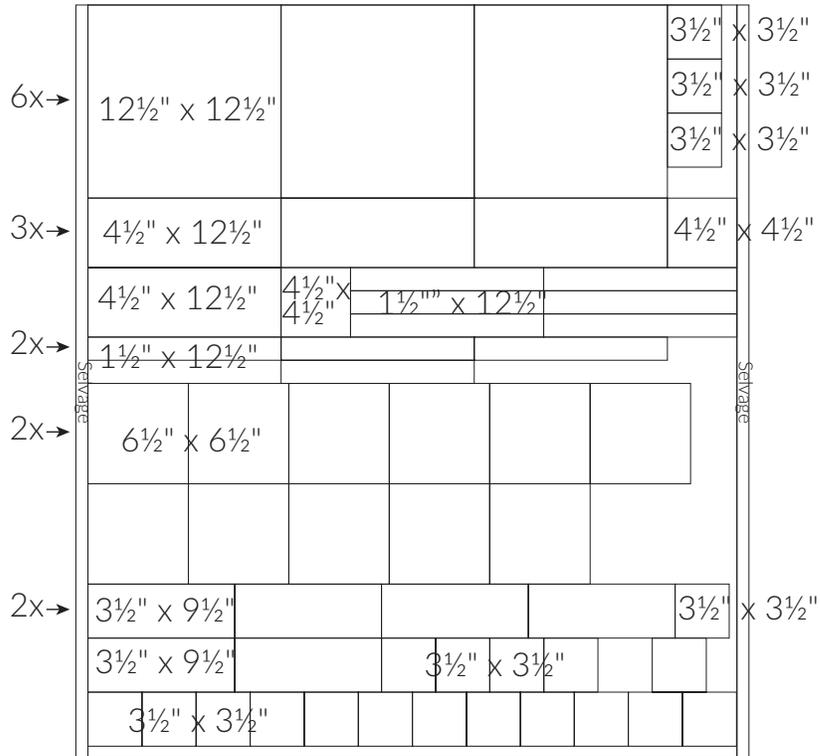
## Throw



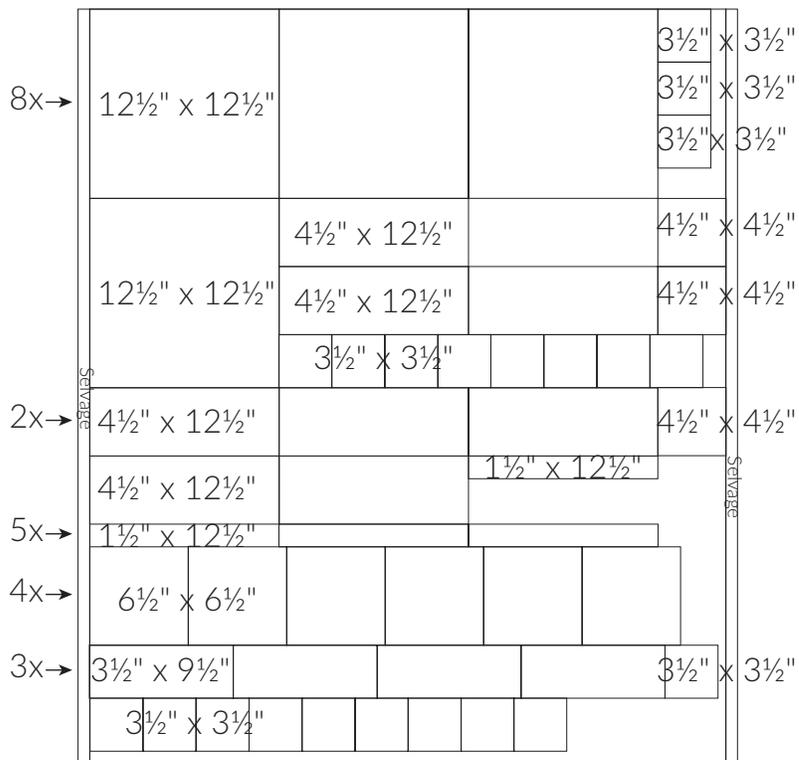
# Cutting diagrams: Twin and Queen

Use the following diagrams to cut your background fabric. Some rows need to be cut multiple times. For example: 3x means to cut three of that row.

## Twin



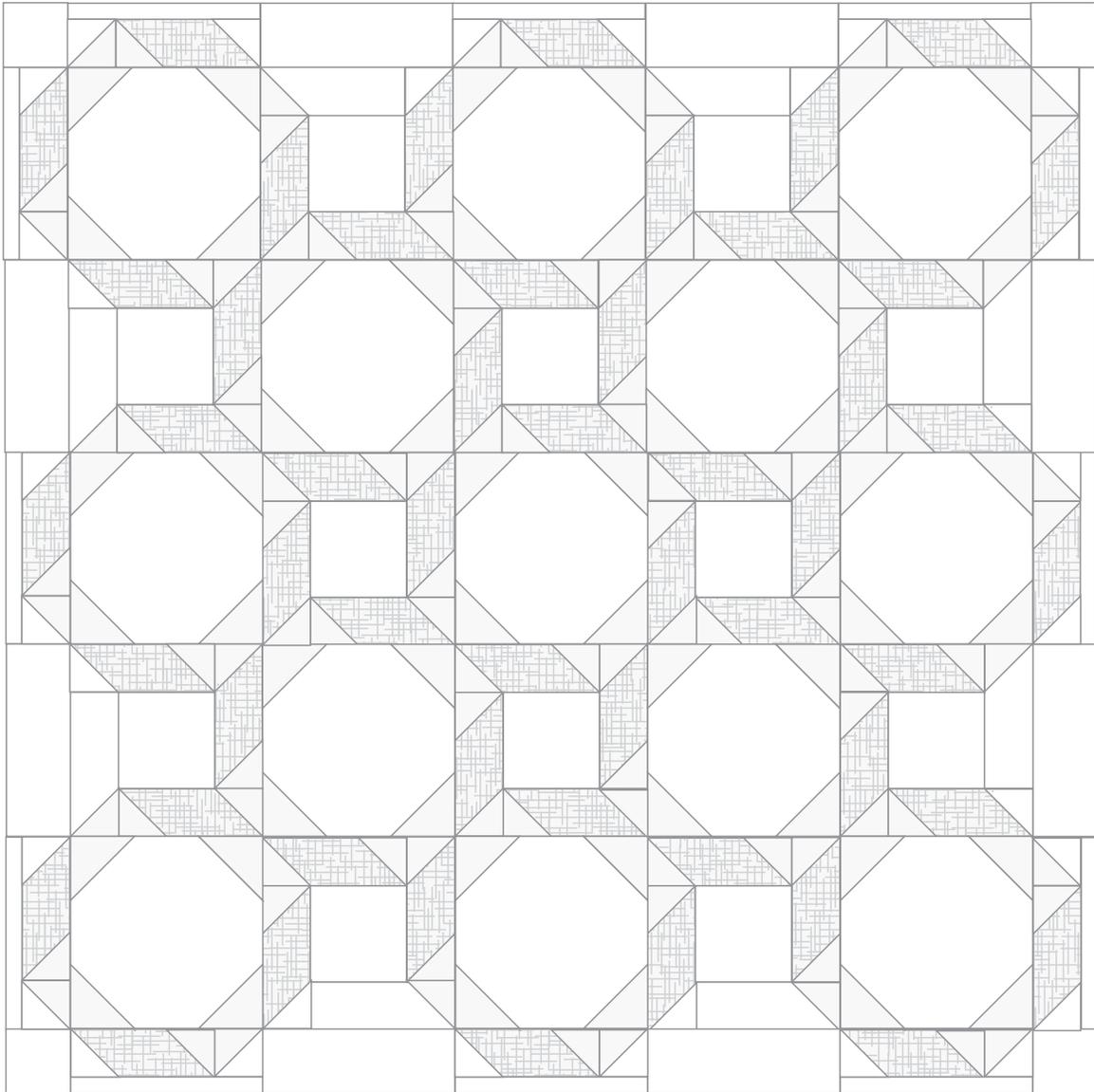
## Queen

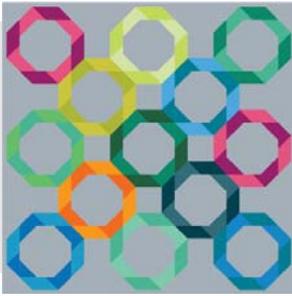


# Coloring sheet

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Below is a coloring sheet for the throw sized quilt. You can also download and print coloring sheets for this and the other sizes at <http://goo.gl/sH41Zg>.





# Hula hoop

a little crispy

Quilt designed, pieced, and quilted by Kristin Lawson.  
© Kristin Lawson 2014. All Rights Reserved.  
Cover quilt is approximately 68" x 68"

Easier than it looks! This is a great quilt for a wedding or baby.

Check out my latest patterns and other info at [alittlecrispy.com](http://alittlecrispy.com), or follow what I'm up to on Instagram [@CrispyKristin](https://www.instagram.com/CrispyKristin). For questions or comments, please contact me at [kristin@alittlecrispy.com](mailto:kristin@alittlecrispy.com).

## Fabric

You will need a variety of 100% cotton quilting fabrics, 42" wide, as listed in the table below. I recommend purchasing slightly more than listed just in case.

Choose a solid or a non-busy print for your background that contrasts well with your ring fabrics. The fabrics used in the cover quilt are **A**: Essex yarn-dyed linen in Steel, **B**: Assorted coordinating solid Kona cottons: Coral, Peapod, Chartreuse, Kiwi, Breakers, Cyan, Water, Celestial, Bright Peri, Melon, Bright Pink, Pomegranate, and Valentine, **C**: Michael Miller Mirror Ball Dots.

	Crib	Throw	Twin	Queen
Finished size	44" x 44"	68" x 68"	68" x 92"	92" x 92"
Number of blocks	9	25	35	49
Number of rings	5	13	18	25
<b>Fabrics</b>				
A (background)	1½ yards	3 yards	4 yards	5 yards
B (solids)	¼ yard, 1 fat quarter*, or (8) 3½" squares and (4) 4½" squares for each ring			
C (prints)	⅛ yard, 1 fat eighth**, or (4) 3½" x 9" scraps for each ring			
<b>Other fabrics</b>				
Binding***	¾ yard	⅝ yard	⅔ yard	¾ yard
Backing	3 yards	4 yards	5½ yards	8 yards
Batting	48" x 48"	72" x 72"	72" x 96"	96" x 96"

\*A fat quarter measures 18" x 21", \*\*A fat eighth measures 18" x 11".

\*\*\*Binding amount assumes 2½" strips, cut the width of fabric. You'll need more if you cut your fabric on the bias.



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ALC-114

